



UNDERSTANDING YOUR ASTROLOGICAL BIG THREE: SUN, MOON & RISING

FREE WORKBOOK

@LIVINGSIMPLY

WAIT, WHY ASTROLOGY?

Astrology is a metaphysical knowledge, and one heck of a self-development tool. Astrology is the sacred language of the cosmos, and a roadmap to our Soul's greatest expansion and growth. In this regards, astrology blends not only astronomical facts, but also psychology, archetypes, spirituality, philosophy and much more.

If you're a millennial like me, you are probably in one of two categories. An astro-curious / astro-lover, or an astro-skeptic. In the latter category, people view astrology as a non-scientific Barnum Effect on steroids. But, if you have taken the time to deconstruct your preconceived and biased ideas regarding astrology, there's endless power you can harness from this ancient art and science.

Today's document is a free little guide to help you make sense of one of the most famous astrological hacks and techniques: the big three. Feel free to print these pages or share them with anyone who you think may need it. Let's begin!



THE BIG THREE



Due to magazine horoscopes and big misconceptions surrounding astrology, many people only know their sun sign, also called zodiac sign or star sign. In fact, the Sun is not all there is to us, it's actually just the tip of the iceberg.

Because looking up everyone's birth chart isn't something possible (nor normal), what astrologers and astro lovers have come up with to get the general astrological vibe of a person is a formula that blends the 3 pillars of the personality: the big three.

The big three is basically the Sun, Moon and Rising / Ascendant of the person. This acts like a presentation card that can help introduce your overall energy to others with more ease, without being definite or limiting in any way. But as non-exhaustive as these big three can be, it can actually say a LOT about us. Today, I'm offering you a simple and practical cheat sheet to understand and remember your own big three with ease.

WHERE TO FIND YOUR BIG THREE?

If you're not familiar with your birth chart, here's two websites to look for your astrological big three:

- <https://www.astrology.com.tr/birth-chart.asp>
- <https://horoscopes.astro-seek.com/astrology-big-three-online-calculator>

BIG THREE CHEATSHEET

SUN

- EGO, SENSE OF SELF, IDENTITY
- ACTIVE DIVINE MASCULINE POLARITY
- YOUR INNER NAVIGATION SYSTEM

MY SUN IS IN: _____

MOON

- EMOTIONS, INSTINCTS, INTUITION
- RECEPTIVE DIVINE FEMININE POLARITY
- YOUR DAY-TO-DAY MANAGER

MY MOON IS IN: _____

RISING

- BEGINNINGS, AURA, BODY
- RECEPTIVE DIVINE FEMININE POLARITY
- YOUR COSMIC HANDSHAKE

MY RISING IS IN: _____

A LITTLE ABOUT ME

I'm Fatima-Zahra Farahate, aka Fatii, a holistic astrologer, modern mystic and spiritual mentor. My mission is to help awakening souls just like you remember their true divine nature!

I offer the seekers the opportunity to dive deep within their psyche, soul journey and spiritual unraveling. To fulfill this goal I like to use numerous modalities and spiritual practices: astrology, numerology, tarot, etc.

Connect with me via Instagram [@livingsimplyy](https://www.instagram.com/livingsimplyy), on [YouTube](https://www.youtube.com/livingsimplyy) or via mail at: contact@livingsimplyy.com



@LIVINGSIMPLYY



I WAS.
I BECOME.
I AM.